

STAR PLUS



ANTIDEPRESSANT MEDICATION MANAGEMENT

Eligible Population	STAR Plus recipients	
Key Components	Recommendations	
Assessment and evaluation	 Complete history, gathering information from all possible sources Physical examination Severity of illness Risk of harm to self and others Comorbid substance use/dependence Personality factors Mental Status Examination Level of functioning-work dysfunction Treatment history, response to previous medication trials, compliance, side effects, etc. 	
Treatment setting	 Consider inpatient care in case of suicidality, malnutrition, catatonia, comorbid general medical conditions making management difficult at the outpatient setting Outpatient and Inpatient Non-Pharmacological Management -Psychoeducation -Psychotherapeutic intervention 	
Factors that determine the selection of Antidepressant Drug	 Patient Specific Other medications being taken/drug interactions Previous history of response/tolerability to medication Comorbid psychiatric disorders/symptoms Drug Specific Side Effects Safety in medication overdose (relative toxicity), fatal overdose is s Cost Dosing strategy Type of formulation- Tablet, cap, syrup 	-Gender issues-sexual dysfunction -Past side effects with medication -Patient preference ignificantly lower with SSRIs than with trycyclic antidepressants

The following guideline recommends general principles and Antidepressant Medication Management (AMM)		
Measures which can improve Medication Compliance	 When and how often to take medicines Preferably give once-a-day dosing Always ask the patient about kind of formulation which they would prefer to take Prescribe minimum number of medications Explain that the beneficial effect will be seen only after 2-4 weeks of intake of medications Explain the need to take medication even after feeling better Explain side effects Encourage to report side effects 	
Social Determinants of Health (SDOH)	 Assess patient's and caregivers beliefs about cause of illness and treatment Assessment for social support, stigma, coping skills Assessment for caregiver burden, coping and distress 	
This guideline is based on the N (https://www.ncbi.nlm.nih.gov	lational Library of Medicine, National Center for Biotechnology Information. Clinical Practice Guidelines for the Management of Depression /pmc/articles/PMC5310101/)	Reviewed and Approved 7/30/2024